

Nurses and Physiotherapists working group



2-3/2 2026 Malmö

The theme of this years program were adolescence and young adults (AYA).

We were 10 nurses and 2 physiotherapists and 1 representative from the Swedish patient advocacy group.

Annica Pettersson started to present about here participation in a temporary national working group for AYAs in Sweden. During 2024 the group did an inventory of ongoing projects for the AYA group in Swedish cancer care.

Findings:

Lot of good projects were ongoing but they lack coordination between them.

There were areas in Sweden which totally lacked ongoing projects for AYAs.

Another thing that the temporary working group lifted as an improvement field were the need of long term follow up for AYAs like the standardized long term follow up plan for children with cancer.

A permanent national working group for AYAs in cancer care is about to start in 2026 and they will continue the work to improve the cancer care for these patients.



Psychosocial support for adolescents and young adults aged 16-30 with a cancer diagnosis



Alva Petri

Cancer Nurse Specialist,
Sahlgrenska University Hospital,
Gothenburg



PRISM

Promoting Resilience
in Stress Management

- Collaboration between Sahlgrenska- and Karolinska University Hospitals, together with the patient organization Ung Cancer, among others.
- A mobile team located at the hospitals.
- Offer various forms of support, including psychosocial support through the PRISM program (Promoting Resilience in Stress Management).
- Continuous follow-up during and after treatment.

Alva Petri presented the project Team ung, a project for AYAs in Gothenburg and Stockholm.

Annica Palmgren presented a similar project in Lund called ULV.

Ung Livskraft - ULV

SUPPORT AND REHABILITATION FOR YOUNG ADULTS WITH CANCER

- PROJECT FINANCED BY REGIONALT CANCERCENTRUM (RCC) SYD

MALIN OLAUSSON & IDA WIKTORSSON, NURSES
CAROLINA BOGEFORS, ONCOLOGIST
MEDICAL TREATMENT UNIT, VE ONKOLOGI SUS LUND



Hilde Bøgseth presented two projects from Radiumhospitalet.

The first started in the autumn 2025 with trained hospital dogs who visit Radiumhospitalet once a month. This project has been very appreciated by the young patients. Studies have also shown that hospital dogs has a good impact of patients' wellbeing.



The other project presented from Radiumhospitalet was Advanced hospital at home. Were nurses from Radiumhospitalet goes to the patients home and give treatment there so the patients don't need to come to the hospital.

Advanced hospital at home

Radiumhospitalet, Oslo



16 x 2, 18, 25 og 35 yo



12 chemo cycles
(doxo, HD MTX, IE,
HD ifo)
1 iv. antibiotics



57 visits
2 video-consultations with
doctor
2 visits at home
2 visits with school

Interdisciplinary challenges

- Less time spent with patients
- No designated contact nurse within advances hospital at home
- Limited medical supervision
- Need for better interdisciplinary follow-up



Merethe Lia Johansen presented some Interdisciplinary challenges with the project that they must work more with in the future. As a physiotherapist she has less time spent with the patient when they get there treatment in their home instead of the hospital.

We ended the meeting with a discussion about our groups thoughts about the future of the SSG meetings:

Moving forward
Nursing and
physiotherapist
subcommittee

1 meeting/year

1-2 keynote speakers

Highlights from CTOS, EMSOS etc

Same time

Safe audience- extended family

Annica Pettersson, secretary of the nurses and physiotherapists subcommittee